



MILAN (4 nights) | PAVIA (Day Trip) | TURIN (4 nights) | LANGHE REGION (Day Trip) | LAKE MAGGIORE (4 nights)

Sunday, June 13 – Milan: Welcome Dinner in the Historic Center. Milan by Night.

Participants should plan to arrive at the Milan-Malpensa (MXP) airport no later than 2:00 PM. Private drivers will meet participants and take them to our hotel, located in the center of Milan and close to the major attractions. In the evening, the group will gather for a **Welcome Drink**, followed by a **Welcome Dinner** at a local traditional Milanese restaurant. After dinner, a walking tour of **Piazza del Duomo by Night** to admire one of the most beautiful churches in the world under a different light.

Welcome Drink and Dinner included. Private transportation from airport and walking in the evening.

Monday, June 14 – Milan: Art, Architecture & Innovation Through the Ages.

Our morning begins with our private guide leading the group on a walking tour through the center of Milan, passing by the famous fashion district of Via della Spiga and Montenapoleone. Our first stop will be at the ossuary of **San Bernardino alle Ossa**, which offers a fascinating glimpse into medieval mortality and baroque artistry. Afterward, we'll visit **Ca' Granda**, a Renaissance masterpiece complex begun in 1456 that combines striking architectural beauty with groundbreaking hospital design. Ca' Granda originally functioned as the 'Major Hospital' of Milan and now serves as the main historic hub for the **University of Milan**. Highlights include the art gallery, the crypt with an ossuary, and the historical archives room.

After time for lunch, we'll head to the **Duomo** for a guided tour with an opportunity later in the day to reach its roof terrace to enjoy a majestic view of the entire city. We'll conclude the day's activities at the **Pinacoteca Ambrosiana**, which is home to one of Italy's finest collections of Renaissance and baroque masterworks, including iconic pieces by Leonardo, Raphael, and Caravaggio. Of special significance, the library houses select pages from **Leonardo's Codex Atlanticus**, a collection of his original drawings exploring flight, mechanical inventions, and more. You'll stand mere inches from sheets that touched the hands of *The Master* himself! Enjoy the evening at your leisure.

Tuesday, June 15 – Milan: The Renaissance with Leonardo and Michelangelo.

Led by our private tour guide, today we'll immerse ourselves in Renaissance artistic mastery, beginning at the **Basilica of Santa Maria delle Grazie**, home to Leonardo da Vinci's iconic **Last Supper (Cenacolo)**, where the genius of Renaissance human portraiture reaches its apex. The day continues at the **Chiesa di San Maurizio al Monastero**, often referred to as the Sistine Chapel of Milan, with its stunning repository of Renaissance frescoes and religious art. After a lunch break, our tour continues to the **Castello Sforzesco**, with Michelangelo's hauntingly beautiful **Pietà Rondanini**. This emotive masterpiece is Michelangelo's final sculpture, depicting the bodies of Jesus and Mary fused into a single figure. Together, these three sites trace the evolution of Renaissance genius through Leonardo's scientific precision, the decorative mastery of fresco painting, and Michelangelo's unmatched understanding of human anatomy and emotion. Enjoy the evening at leisure.

Wednesday, June 16 – Milan: A City of Culture and Elegance.

Today we celebrate Milan's role as a cultural epicenter, beginning with a tour of **La Scala**, one of the world's most prestigious opera houses, where centuries of theatrical excellence and artistic performance have defined the city's cultural identity. We'll then explore the breathtaking **Galleria Vittorio Emanuele II**, an architectural masterpiece of iron and glass that represents 19th-century ambition and design innovation. The day continues into the charming **Brera District**, Milan's historic artistic neighborhood filled with galleries, studios, and the vibrant atmosphere of a creative quarter. The morning concludes at the **Pinacoteca Brera**, which houses an exceptional collection of Italian paintings from the Renaissance through the 19th century, offering a comprehensive view of artistic evolution alongside the living, breathing artistic community that still defines the Brera district today. Enjoy the afternoon and evening at leisure.



Thursday, June 17 – Pavia: From Medical Innovation to Monastic Splendor. Travel to Turin.

In the morning, we'll depart by private bus for Turin, with a stop in **Pavia**, one of Italy's most important centers of scientific and medical innovation. Here, we'll visit the **Museum of History of the University of Pavia**, where the University's groundbreaking contributions to anatomy, physics, and natural philosophy are documented and celebrated. Highlights include visits to the *Scarpa* and *Golgi* rooms which honor the scientific legacies of two of Italy's greatest minds: anatomist **Antonio Scarpa** and the Nobel Prize for Physiology-Medicine recipient **Camillo Golgi**. We'll then visit the **Anatomical Theater**, a remarkably preserved space where Renaissance physicians and students gathered to explore the mysteries of the human body with unprecedented rigor and precision.

You'll have time to explore historic Pavia on your own before we continue to the magnificent **Certosa di Pavia**, one of Italy's largest monasteries and a masterpiece of Gothic-Renaissance architecture that embodies the spiritual and artistic aspirations of the period. Afterward, we'll continue to **Turin** to our centrally located hotel. Enjoy the evening at leisure. Private bus transportation.

Friday, June 18 – Turin: The House of Savoy - Power, Art & Legacy.

Turin reveals its grandeur as the former capital of the powerful **House of Savoy** through an immersive exploration of royal residences and institutions that shaped Italian history. Led by our private tour guide, we'll spend our morning at the **Royal Palace (Palazzo Reale)**, which stands as the architectural heart of this legacy, its opulent rooms and collections reflecting centuries of dynastic power. The adjacent **Royal Armory** with its display of antique weapons showcases the military might that sustained the Savoy line. We'll then visit the **Chapel of the Holy Shroud** (originally built to house the *Shroud of Turin*) and the **Royal Library**, with drawings by Leonardo and others, to further deepen our understanding of the dynasty's cultural and spiritual patronage, revealing how the Savoy accumulated both sacred relics and intellectual treasures.

Afterwards, you'll have time to enjoy lunch on your own at one of the many elegant cafés in Turin. In the afternoon, a private guided walking tour of Turin's historic center connects the royal monuments to the broader urban fabric, tracing how the Savoy family's architectural vision transformed the city into one of Italy's most planned and elegant capitals. Alongside its most famous monuments, the route highlights the unique charm of Turin's iconic historic cafés, some of which once operated as old pharmacies. In the evening, we'll gather for a **Piedmontese Dinner** at a local restaurant.

Dinner included.

Saturday, June 19 – The Langhe Countryside: From Savoy Splendor to Vineyard Mastery.

Today we'll explore the **Langhe** countryside of Piemonte. Our excursion starts with a tour of the **Royal Hunting Lodge of Stupinigi**, a stunning 18th-century baroque masterpiece set amidst sprawling estates, showcasing the Savoy family's passion for both architectural grandeur and rural pursuits. We'll then descend into the rolling hills of the Langhe countryside, where terraced vineyards blanket the landscape in geometric precision. We'll stop for an authentic wine tasting and pairing lunch featuring the region's renowned **Barolo wines** and local gastronomy. Our journey continues to the picturesque **village of Barolo** itself, where centuries of winemaking tradition and the stone architecture of historic wine cellars reveal how this small community became synonymous with one of the world's most prestigious wines. You'll have some time to explore this quaint village on your own. Afterward, we'll return to our hotel in Turin where you can enjoy the evening at leisure.

Wine tasting and light lunch included. Private bus transportation.

Sunday, June 20 – Turin: The Egyptian Museum - Body, Spirituality & Artistic Tradition.

This morning an Egyptologist will guide us through the **Egyptian Museum (Museo Egizio)** of Turin, which houses one of the world's most significant collections of Egyptian artifacts. Here we'll discover how ancient civilizations understood and represented the human body through art and ritual. The museum's extensive holdings include mummies and funerary objects that reveal sophisticated anatomical knowledge embedded in burial practices, alongside statues and sculptures that showcase the conventions ancient artists developed for portraying the human form with precision and spiritual purpose. Enjoy the afternoon and evening at your leisure.



Monday, June 21 – Turin to Stresa (Lake Maggiore): From Scientific Precision to Spiritual Transcendence.

After checking out of our hotel, we'll travel by private bus through Piedmont toward the Lakes. Our first stop will be the **Museum of Human Anatomy Luigi Rolando**, at the **University of Turin**, where detailed anatomical specimens and models provide comprehensive insights into the structure and systems of the human body. We'll then continue our journey toward Stresa, stopping for lunch at a countryside **family-run farmhouse** restaurant serving traditional Piedmontese cuisine. Afterward, we'll ascend to the dramatic **Sacra di San Michele**, a Benedictine sanctuary (originally built between 983 and 987 AD) perched on an Alpine peak, whose striking architecture and spiritual atmosphere inspired Umberto Eco's bestselling novel *The Name of the Rose*. Our day's journey concludes as we arrive in the picturesque lakeside town of **Stresa** on **Lake Maggiore**, transitioning from the intellectual and spiritual pursuits of Piedmont to the natural beauty of the Italian Lakes. Enjoy the evening at leisure.

Lunch included. Private bus transportation and walking.

Tuesday, June 22 – Lake Maggiore: Discovering the Borromean Islands.

Prepare for an excursion by private boat to the enchanting **Borromean Islands**. Our first stop, **Isola Bella**, features the magnificent 17th century **Borromeo Palace**, a baroque masterpiece commissioned by the Borromeo family, a powerful Milanese dynasty, surrounded by elaborate terraced gardens filled with exotic plants, sculptures, and architectural details. Our local guide will lead us through this stunning showcase of Renaissance and baroque artistic vision. We'll also have some free time to walk around and have lunch on our own. Afterward, we travel by boat to **Isola Madre**, equally captivating, displaying its own historic palazzo and romantic gardens, providing a serene environment for contemplation and artistic appreciation. We'll then return to Stresa by boat where you can enjoy the rest of the day at leisure.

Private boat transportation and walking.

Wednesday, June 23 – Lake Maggiore: The Art of the "Cheese Breeder".

For a truly unique experience, we'll be visiting a world-renowned cheese 'producer' with a remarkable twist: rather than making cheese from scratch, they select the finest un-aged cheeses from small-batch artisanal producers, then age and refine them in their historic, climate-controlled underground cave. This family-owned business has perfected this distinctive craft for 150 years, transforming young cheeses into exquisite delicacies. You'll witness firsthand how their expertise and heritage create something truly exceptional, followed by a curated tasting of their finest selections paired with wine. Enjoy the rest of the afternoon and evening at leisure.

Cheese tasting with wine included. Private bus transportation.

Thursday, June 24 – Lake Maggiore: Stresa's Final Magic.

The morning and early afternoon will be free for everyone to enjoy Stresa and the surrounding area on their own, as well as do some final shopping! Our final evening celebrates our journey with a sequence of unique experiences on Lake Maggiore. We'll begin at the **Hermitage of Santa Caterina**, accessible only by private boat, where a guided tour of this serene monastery provides a contemplative conclusion to the program's spiritual and artistic themes. This monastery dates from the 14th century and is composed of three convent buildings, extraordinarily perched on a steep wall of rocks along the Lake. As evening descends, we'll embark on a private cruise through the **Golfo Borromeo**, enjoying the lake's beauty as it unfolds around us. Our journey culminates at the charming **Isola dei Pescatori** (Fishermen's Island), where a farewell dinner celebrates the connections formed and memories created throughout the *Connecting Art & Anatomy* program, before returning to Stresa under the stars.

Dinner included. Private boat transportation and walking.

Friday, June 25 – Depart to USA.

Hotel check-out. Group transfers of minimum 4 people from the hotel to Milan Malpensa (MXP) airport.



REGISTRATION FORM

Full Name 1 (**should match passport**) _____ Date of Birth (mm/dd/yy) _____

Full Name 2 (**should match passport**) _____ Date of Birth (mm/dd/yy) _____

Address _____

City _____ State _____ Zip Code _____ Country _____

Primary Cell Phone _____ Primary Email _____

For single person registration (for double occupancy room), I request to share room with: _____

Type of room: ☐ *Twin (2 beds)* ☐ *Double (1 king/queen)* ☐ *Single Room (extra charge)*

Dietary Restrictions _____

Note: The Program requires a moderate amount of walking by participants, on average, 2 – 3 miles day

Terms and Conditions

Package Includes:

- A dedicated professional **Tour Leader** (English/Italian bi-lingual) will accompany the group, coordinate all activities and provide **24/7 onsite assistance for the entire experience**.
- Historical insight and scientific expertise provided by **Professor Kevin Petti, Ph.D.**
- **12-night accommodation** at highly comfortable **4-star hotels** (double occupancy): Milan – 4 nights, Turin - 4 nights, Stresa (Lake Maggiore) - 4 nights.
- **Daily buffet breakfast** at hotels with local products.
- **Welcome Drink** reception (on arrival night in Milan).
- **3 Three-Course Dinners** with wine: June 13, June 18, June 24.
- **Wine and Food Tasting Experience** (Lunch): June 19
- **Lunch with wine:** June 21
- **Cheese Tasting and wine pairing:** June 23
- **All Private guided tours**, as described in the Itinerary.
- **Entrance tickets to all venues and museums** specified in the Itinerary, with skip-the-line reservations if available.
- **Private bus transportation** for intercity travel (Milan to Turin; Turin to Langhe Region; Turin to Stresa).
- **Private boat transportation** for itinerary excursions (Lake Maggiore: June 22 and June 24).
- Private group transfers (with minimum of 2 program participants/vehicle) from **Milan Malpensa Airport (MXP)** to our hotel in Milan on arrival day (June 13).
- Private group transfers (with minimum of 4 program participants/vehicle) from our hotel in Stresa to **Milan Malpensa Airport (MXP)** on departure day (June 25).
- City tax at all hotels and tax and tips for all services identified in the Itinerary.

Package Does NOT Include:

- Flight tickets to/from Italy
- Travel insurance
- Meals, drinks or personal extras not explicitly stated in the 'Package Includes' section above
- Excursions and any other activities not listed in the Itinerary



Price & Payments (in US Dollars)

- The price of the Package as described is **\$6,750** per person in a double occupancy room (2 people/room). There are a minimum of 18 participants and a **maximum of 22 participants**. Accommodation in a **single room** (1 person/room) has an extra charge of **\$1,850** (very limited availability).
- Deposit and Final Payment:**
 - A deposit of **\$1,500 per person** is required to secure your place in this limited program. Spaces are reserved on a first-come, first-served basis - we encourage you to submit your deposit promptly to confirm your interest. **Registration will close once the maximum of 22 participants is reached, or by November 15, 2026, whichever comes first.**
 - The deposit may be paid by check, Zelle bank transfer, or credit card - please indicate your preference at the bottom of this Registration page.
 - Please print (or take photo of) your completed Registration Form (pages 4-5) and email to Michael Tuosto at Exclusively Italian.** Alternatively, please email a request to Michael Tuosto to have this Form sent for electronic signature.
 - Contact Details (Michael Tuosto):** email: michael@exclusivelyitalian.com – phone: 1-619-208-0902
 - The balance of payment is due on **March 1, 2027**.
 - Checks:** Please make checks payable to “**Exclusively Italian LLC**”. Payments are accepted in US dollars only. Mail to:
Michael Tuosto – Exclusively Italian
4080 Goldfinch St. Unit 1
San Diego, CA 92103

Cancellation and Refund Policy

Exclusively Italian LLC reserves the right to cancel this trip for any circumstances beyond its control, including if there are fewer than 18 participants. In this case, a full refund will be provided. No refunds are provided for unused portions or services of the trip for any reason. The trip is sold as a package only. Below is the cancellation/refund policy. Cancellations accepted in writing only.

Payment Due Date	Amount	Cancellation/Refund
With Registration	\$1,500 Deposit/Participant	Once the program reaches the minimum number of registered participants, the deposit becomes non-refundable.
March 1, 2027	\$5,250 Balance/Participant	50% of this payment is refundable until March 30, 2027. From April 1, 2027, the entire payment is non-refundable.

Travel Insurance

To protect your trip investment, **the purchase of Travel Insurance is strongly recommended** to cover unforeseen events such as trip cancellation and/or interruption, emergency medical expenses, loss of baggage or trip delay. We would be happy to provide the names of Travel Insurance companies and additional information regarding Travel Insurance.

DISCLAIMER

All arrangements covering accommodation, transportation, tours, transfers and all other services arranged for this trip, are made on the explicit understanding that Exclusively Italian LLC and/or Laura Bianconcini or Dr. Kevin Petti act only as an intermediary and as such admit no liabilities whatsoever for any loss, damage, delay or injury to persons or property arising out of, or in any connection with any act of neglect or default however caused, either directly or indirectly by the principals or persons or their agents or servants, who shall provide such hotel accommodation, transport, tours, transfers or all other services provided. Exclusively Italian LLC reserves the right to change accommodations, activities and services specified in the Itinerary at any time, for any reason, and replace them with others of the same category and/or value.

- ☐ I have read, understand, and accept all the above Terms & Conditions.
- ☐ I will mail a check (or send a Zelle bank transfer) for \$1,500/participant as a deposit to secure my Registration.
- ☐ I request to pay \$1,500/participant by credit card as a deposit to secure my Registration. (Note: if you select this option, you will receive an email invoice that will allow you to securely enter your credit card details on-line).
- ☐ I request a Single Room accommodation for an extra fee of \$1,850.

Printed Name _____

Signature _____ **Date** _____